



Compassion Prison Project.org

For further information and to request an interview please contact Melonie McCoy, Media Communications Director at media@compassionprisonproject.org

Our mission is to transform prisons and communities through compassionate action.

PSA Film: Step Inside the Circle

Filmed on location by an award-winning crew, including Academy Award nominee Rodrigo Prieto, "Step Inside the Circle" is at the heart of our grassroots organization. This film, which went viral within a matter of months and garnered over 700 volunteers, addresses trauma and child abuse — subject matter often cloaked in shame.

Book Project

During this Covid-19 crisis, CPP has created a "Covid Curriculum" which includes gathering poetry, artwork and stories from the prison residents to create a series of books to be published.

6-week Trauma Curriculum

Created to support incarcerated and transitionally housed men and women. The curriculum focuses on self-love, accountability, shame and a number of other topics. CPP currently delivers this curriculum via Zoom.

ACES

CPP's work with prisons and communities is based on the CDC-Kaiser Permanente Adverse Childhood Experiences (ACE) Study which is one of the largest investigations into childhood abuse, neglect and later-life health risks. CPP is currently collecting ACE surveys (via Prison Legal News). We have already received surveys from 27 different states.



compassion trauma circle
A COMPASSION PRISON PROJECT INITIATIVE

Compassion Trauma Circles

CPP runs Zoom community Circles with people dialing in from all over the world. The purpose is to raise awareness of the prevalence of ACEs (Adverse Childhood Experiences) across society and begin the process of healing through open dialogue. We run Compassion Trauma Circles in prisons and transitional housing centers as well.



mastermind
GROWING LEADERS | BUILDING BRIDGES

Mastermind

Mastermind is a Returning Citizens support group which creates a place of safety, compassion and guidance for those reintegrating after incarceration. The focus is on providing resources, practical tools and the opportunity to share in community. Our new Digital Literacy Class will provide Returning Citizens with the knowledge they need to participate in a world which functions completely in the digital space.



compassion in action

Compassion in Action: Podcast and YouTube Channel

We are very happy to announce the launch of our podcast, "Compassion in Action". CPP Founder and guests discuss the objectives and approaches involved in bringing trauma awareness and compassionate healing to the forefront of public conversation.

IN DEVELOPMENT

The Healing Toolbox

These courses will ideally be offered on digital tablets in prisons. Prison Residents will be able to gently, at their own pace, select their own healing options. Videos will include somatic healing, EFT tapping, meditation and mindfulness courses, EMDR as well as other healing modalities.

Imagine prisons as centers of healing and rehabilitation...



If there is no peace, it is because we have forgotten that we belong to each other.

Mother Teresa

Correctional Officer Trauma Training

The average life expectancy of a correctional officer is 59, the contributing factors being PTSD and trauma. Our goal is for prisons to become trauma-informed where both Residents (those incarcerated) as well as Coaches (correctional officers) feel safe and seen. To date we have presented to California and Delaware Departments of Corrections.

THE

GIVING BACK
PROJECT

The Giving Back Project

The men at Kern Valley State Prison and Lancaster Prison in Southern California spearheaded The Giving Back Project in early 2020. This initiative identifies creative ways for people who are incarcerated to give back to the communities with whom they are connected.

